



# Caring for you in all ways. Always.<sup>SM</sup>

At Health Advocate, we're here to help you and your family with any health or well-being issues. Our services are provided to you by your employer. Just call, tap, or click to reach us and receive confidential, personalized support from our caring team.

# Expert help, delivered with heart



Get one-on-one support from our advocates for health and well-being issues. Our goal is to make your life happier, healthier, and easier.

**We're here for you no matter what, to help with anything you need anytime you need it, in the language and communication channel you're most comfortable using.**

## Connect with us to:



**Get answers to your insurance questions;** resolve claims and billing issues



**Understand your coverage** for medical, dental and vision services; know your deductibles, copays, and out-of-pocket costs



**Get answers to questions about health savings accounts** and how they work with your health plan



Get assistance finding **in-network doctors and specialists for your specific needs**, making appointments, and transferring medical records



**Explore and find the latest treatment options;** get second opinions



**Feel confident that your medical care and treatment is on track**

## Access online help that's smart with heart



Our website and mobile app provide another layer of support you can access anytime, anywhere.



**Talk with an advocate** in real time through chat



**Learn about your Health Advocate services** and the many ways we can help you



View important news alerts and **helpful tips to stay on top of your health**



Download your **Rx Shopper discount card** to find the lowest cost on your prescriptions



**Access trusted, expert-vetted information** on virtually every health topic



**Open a case**, download forms, and **view your case status**



## Caring support for the whole family

Our services are available to you, your spouse/partner, dependents, parents, and parents-in-law.



## I love Health Advocate!

I am so grateful my company offers it and I recommend it to everyone. **Every call gets me or my family the support we need and more.**

## We're here 24/7

Get the support you need, right when you need it, so you can be healthy and do the things you love. **We can help you in any language.**

**866.695.8622**

[answers@HealthAdvocate.com](mailto:answers@HealthAdvocate.com)

[HealthAdvocate.com/members](https://HealthAdvocate.com/members)

Call • Email • Message • Live Chat 

Scan Me



### We're not an insurance company

Health Advocate is not a direct medical care provider and is not affiliated with any insurance company or third-party provider.

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### Your privacy is protected

Our staff carefully follows protocols and complies with all government privacy standards. Your medical and personal information is kept strictly confidential.